

High-power Bee pollen Tablets 76

Bee pollen is a nutritional mass made by worker bees, composed of their saliva, pollen, and honey, rolled into pellets. It is rich in proteins, sugars, amino acids, fatty acids, vitamins, and minerals, and is used as food for the bees themselves or as a raw material for royal jelly.

High-Power Bee Pollen Tablets 76 use pollen from Spain. To make it easier to digest and absorb, the cell walls are broken down into fine particles, resulting in an easy-to-swallow tablet form.

Bee Pollen: 266 mg per tablet

Ingredients: Bee Pollen (domestically produced), Pollen Extract, Reduced Maltose Syrup, Lactose, Powdered Honey / Sucrose Fatty Acid Ester

Nutritional Information (per 100 g):

Energy: 410 kcal
Protein: 11.7 g
Fat: 10.7 g
Carbohydrate: 66.6 g
Sodium chloride equivalent: 0.1 g

Contents: 63 g (350 mg × 180 capsules)

Price: 9,000 yen + tax

How to Take: Take 5 to 10 capsules daily with water or lukewarm water.

Recommended for:

- Those concerned about nutritional balance
- Those with irregular eating habits
- Those who struggle during pollen season
- Those with dry skin

Storage Method: Store in a place away from high temperatures, direct sunlight, and humidity. After opening, ensure the lid is tightly closed and store in the refrigerator.